

NHS Grampian

Gynaecology Skin Clinic
Women's Day Clinic
Aberdeen Royal Infirmary
Foresterhill
ABERDEEN
AB25 2ZN



Extension Ext 53353
Direct Line (01224) 553353

***PATIENT INFORMATION IN THE USE OF DERMOVATE CREAM / OINTMENT
(Clobetasol proprionate 0.05%)***

Apply sparingly (half a finger tip) to affected area(s) once daily for 1 month.

- then alternate days for one month
- then twice a week for one month
- then once a week for one month
- then gradually reduce this until you can use it occasionally or not at all.

One 30g tube of Dermovate should last at least 3 months. This amount should not cause side effects on the treated skin or elsewhere in the body.

If symptoms return after the 4 month course you can use the Dermovate every night for 2 weeks to treat the flare up and then try to stop.

If symptoms keep coming back quickly when you stop treatment you may prefer to use the cream/ointment regularly once or twice a week long-term.

Long term use is safe as long as one 30g tube lasts at least 3 months. More than this may cause skin thinning.

Stinging for a few minutes after applying Dermovate is quite normal.

If you notice stinging in the area for more than 1-2 hours after application, you may have become sensitive to one of the ingredients. There are several alternative treatments, contact the clinic for advice.